

#### **COLD STARTERS**

COLD STARTERS				
All the Starters Served with Warm Pitta Bread HUMUS (V) (N)	£3.70			
Humus prepared traditional Turkish way				
TABULE (V)	£3.70			
Cracked wheat, chopped tomatoes, onions, pepers, parsley in a lemon juice & olive oil				
CACIK (V)	£3.70			
Cool yogurt with diced cucumbers, garlic, dill & herbs				
ISPANAK TARATOR (V)	£3.70			
Spinach & onions sautéed in olive oil mixed with plain yogurt & hint of garlic				
DOLMA (V) (N)	£3.70			
Vine leaves stuffed with rice & mixed herbs				
FETA CHEESE & MARINATED MIXED OLIVES (	V) £4.25			

Feta cubes served with marinated mixed olives

A traditional Turkish dish, baked aubergine stuffed

with sautéed green peppers, onions, tomatoes &

### garlic **HOT STARTERS**

IMAM BAYILDI (V)

CORBA (V) (Soup)	£3.50				
Freshly made Soup of the Day					
FALAFEL (V)	£3.80				
Chickpeas, cracked wheat, coriander, spices shaped into a ball & deep fried served with yogurt dip					
CHICKEN ROLLS	£4.95				
Spicy chicken fillo pastry rolls deep fried					
SUCUK (Spicy Turkish Sausage)	£4.45				
Traditional Turkish sausage sliced & grilled					
MUSKA BOREK (Fillo & Feta Parcels) (V)	£4.45				
Feta cheese with spinach & herbs wrapped in filo pastry & deep fried					
MEAT BALLS	£4.85				
Minced fresh lamb mixed with onions, spices & herbs deep fried & served in light tomato sauce					
BARBEQUED SPARE RIBS	£4.95				

and spicy barbeque sauce and oven baked **HUMUS & SUCUK** £5.45

Delicious Lamb Spare Ribs marinated in light, sweet

Humus served with sliced & grilled Turkish sausage £4.85

HALLOUMI (Goats' Cheese) (V)

Sliced goats' cheese chargrilled

GARLIC MUSHROOMS (V) £4.50

Market bought fresh mushrooms pan fried with plenty of garlic, olive oil & herbs

Succulent pastry prawns deep fried & served with

£4.95 PASTRY PRAWNS (N)

sweet chilli dip

£4.50 BALIK KOFTE (Fish Cake) (N)

Fish cake seasoned with chives & coriander served with homemade creamy mango sauce

£4.95 CALAMARI (Squid Rings) (N)

Battered squid rings served with tartar sauce **GARLIC PRAWNS** £7.95

A delicious starter portion of king prawns, pan fried with garlic butter & fresh chili

#### **MEZE STARTERS**

MIXED MEZE PLATTER (N)	£6.75		
A delicious selection of hot & cold starters for one			
VEGETARIAN MEZE PLATTER (V) (N)	£6.75		
A delicious selection of hot & cold yea starters			

LUX MEZE PLATTER	(FOR 2) (N)	£12.8
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A delicious selection of hot & cold starters for two LUX VEGETARIAN MEZE (FOR 2) (V) (N) £12.85

A delicious selection of hot & cold vegetarian starters for two

#### CHICKEN DISHES FROM GRILL

#### Served with Rice & Salad

FLAME GRILLED CHICKEN

PILIC (Chargrilled Chicken Breast) £11.75

Chargrilled slices of chicken breast, marinated in

**TAVUK SHISH (Chicken Kebab)** £11.85

Marinated cubes of chargrilled chicken breast

Flame Grilled chicken thigh marinated in a light

tomato sauce with herbs & garlic

MIXED CHICKEN KEBAB £11.95 Boneless chicken breast & chicken thigh from grill

## **CHICKEN DISHES IN SAUCE**

# Served with Rice & Salad

ISTANBUL CHICKEN £11.65

Slow cooked chicken breast cubes with mushrooms, mixed peppers, onions, in cream & mustard sauce

ANATOLIA CHICKEN £12.95

Succulent chicken breast, oven baked in our special recipe, tomato, green pepper & onion sauce, with hint of garlic & topped with melted cheddar cheese

ACILI TAVUK (Hot & Spicy Chicken ) (S)

Slow cooked chicken breast cubes with mushrooms, mixed peppers, chili & onions in tomato sauce, garnished with fresh coriander

CHICKEN & VEG IN COCONUT SAUCE (S)

Chicken with Baby spinach, courgets & aubergine cooked with little onions, carrots, fresh chili & spices in mild & delicious coconut sauce

#### **LAMB DISHES FROM GRILL**

# Served with Rice & Salad

£4.45

**DONER KEBAB** f11.50

Traditional Donner Kebab served with rice & salad **KOFTE KEBAB (Grilled Minced Lamb)** £11.95 WITH MELTED CHEDDAR £1.50

Fresh lean & tender minced lamb, slightly spiced, mixed with herbs & chargrilled.

ISTANBUL BEYTI (Chargrilled Lamb Fillets) £12.75

Thinly sliced lean fillets of lamb marinated & simply chargrilled with oregano

£12.75 SHISH KEBAB (Chargrilled Lamb)

Succulent lean cubes of best part of leg of lamb, marinated in herbs & simply chargrilled.

£12.75 PIRZOLA (Special Lamb Cutlets)

Fresh trimmed lamb cutlets, marinated & chargrilled with thyme

### **LAMB DISHES IN SAUCE**

#### Served with Rice & salad

ET SOTE (Lamb Casserole) £11.75

Lean cubes of lamb, slowly casseroled in a rich tomato, mushroom, green pepper & special herb

£12.95 CHILI LAMB (Spicy Lamb ) (S)

Pan fried chili & garlic added to slowly casseroled Lean cubes of lamb, mushroom, green peppers in tomato sauce & garnished with fresh coriander

YAHNI (Paprika Lamb)

Cubed leg of lamb, slowly cooked in paprika & onion sauce, incredibly tender.

#### **SPECIAL DISHES**

KARISIK (Mixed Grill) Served with Rice & Salad A chargrilled combination of lamb & chicken meat

LUX KARISIK (Mixed Chargrill) £30.90

For 2 people. Served with Rice & Salad

A silver platter chargrilled combination of lamb & chicken meat feast

AUBERGINE LAMB BAKE £12.45

Traditional delicious baked Aubergine dish topped with lean tender lamb casserole & melted cheddar cheese served with Rice

#### **SIZZLERS**

Served with Rice & Salad

Sliced fresh Lamb or Chicken strips are marinated in fajita seasoning & hoi sin sauce before pan fried with strips of peppers & onions

CHICKEN SIZZLER £12.95 LAMB SIZZLER £12.95 MIX (CHICKEN & LAMB SIZZLER)

**SEAFOOD** 

Served with Rice & Salad

KALKAN (Chargrilled Halibut Steak) £14.85

Prime halibut steak, marinated & chargrilled.

LEVREK (Sea Bass Fillet) £14.85

Pan fried fresh sea bass fillet, pink pepper corn KARIDES KEBAB (Special King Prawn Kebab) £14.95

A delicious portion of large king prawns, chargrilled with garlic butter.

#### **VEGETARIAN DISHES**

Served with Rice & salad COCONUT VEG (V) (S)

£10.45

£2.95

£2.95

£4.95

Baby spinach, courgets & aubergine cooked with little onions, carrots, fresh chili & spices in mild & delicious coconut sauce

MOUSAKKA (V) £10.75

Popular oven-baked dish of layered aubergines, courgettes, potatoes, mushrooms, peppers & tomatoes, topped with béchamel sauce & cheese

IMAM BAYILDI (Stuffed Aubergine) (V)

The famous Turkish dish, baked aubergines stuffed with sautéed green peppers, onions, tomatoes & fresh garlic.

AUBERGINE CHEESE BAKE (V) £11.95

Traditional baked aubergine dish topped with melted cheddar cheese

FALAFEL (V)

Chickpeas, cracked wheat, fresh coriander & spices, shaped into balls & fried. Served with a yoghurt dip, Istanbul rice & mixed salad.

#### **SALADS**

PEYNIRLI SALATA (V) (Feta Cheese Salad) £8.75

Diced feta cheese served on mixed salad & drizzled with our home-made herb dressing.

HALLOUMI SALAD (V) (Goats cheese salad) £8.95

Grilled Goats cheese served on mixed salad & Istanbul salad dressing

£8.95 TAVUK SALATA (Hot Chicken Salad)

Sliced chicken breast, marinated & chargrilled, served with mixed salad & Istanbul salad dressing.

**SUCUK & HALLOUMI SALAD** £9.45

Grilled Turkish sausage & Halloumi cheese, mixed salad & olives in special salad dressing

#### SIDE ORDERS

TOMATO & ONION SALAD (V)

Sliced tomatoes finely chopped mild onion drizzled

with our home made herb dressing MIXED SALAD (V) £3.95

Mixed salad in special salad dressing

MARINATED MIXED OLIVES (V)

**OLIVES & CHILLIES** £3.95 **FRENCH FRIES** £2.45 **ISTANBUL RICE** £2.95 BASKET OF PITTA BREAD £1.25 **GARLIC BREAD** £3.95

#### **CHILDRENS CHOICE** £5.45

All Children meals served with chips or rice. Under 12 vears old.

Main course & ice cream

**CHICKEN FILLET** MEAT BALLS

**CHICKEN NUGGETS & CHIPS** 

**GARLIC BREAD WITH CHEESE** 

**FISH FINGER & CHIPS** 

WHITE WINES	175 <b>m</b> l	250ml	Bottle	SPIRITS & LIQU	<b>ORS</b> (25n	nl) from	£3.20	HOT DRINKS	
SAUVIGNON BLANC	£3.85	£4.95	£14.50	TURKISH RAKI			£3.50	TEA	£1.95
Refreshing citrus flavou tropical fruit finish	irs of grape	efruit, lime	& soft	RED WINES	175ml	250ml	Bottle	APPLE TEA HERBAL TEA AMERICANO	£1.95 £2.25 £2.20
				CABERNET SAUVIGNO	N £3.85	£4.95	£14.50	LATTE CAPPUCCINO	£2.25 £2.35
CHARDONNAY	£3.95	£5.50	£15.50	Medium bodied with ri	ch blackber	ry & cedar	a lovely	ESPRESSO	£1.95
Blend of peach & apple	with hints	of honey		lingering plum finish	24.00	05.75	04 / 50	DOUBLE ESPRESSO TURKISH COFFEE LIQUOR COFFEE	£2.20 £1.95 £4.50
DIMOT CDICIO	04.00	CE 75	C1/ F0	MOTEPULCIANO D'ABRI			£16.50	HOT CHOCOLATE	£2.50
PINOT GRIGIO	£4.00	£5.75	£16.50	Rich full bodied wine v	vith spicy fla	avours			
Refreshing flavours of h Delicious & popular whi		on & apple	. А	SHIRAZ Cabernet	£4.00	£5.75	£16.50	DESSERTS	£4.50
				Soft rounded wine with with a generous fruit s		ant & pepp	er along	BAKLAVA (N)	
CHENIN BLANC			£17.50	-				A popular Turkish sweet made of f	
Crisp,dry fruity white wine from this up & coming			ming	CABERNET SAUVIGNO	)N Shiraz		£17.50	brushed with butter, filled with gro baked & topped with light syrup	ound nuts & oven

Deliciously smooth with smoky spiced fruit flavours

Rich full bodied red with concentrated black fruits,

**SAUVIGNON BLANC** £19.50

Ripe gooseberry fruit combines with tingly acidity to deliver a wonderfully fresh & vibrant wine

#### WHITE WINES FROM TURKEY

grower

#### 250ml Bottle

**ANGORA** £5.75 £16.50

Kavaklidere, Mugla region: Aegean region of Turkey from Sultana grapes, medium bodied with dry & pleasent finish

**VILLA DOLUCA** £5.75 £16.50

Kavaklidere, Mugla region Medium dry wine from Marmaris region, well balanced, rich with a hint of tropical fruits

#### **ROSE WINES** 250ml Bottle

**ZINFANDEL** £5.75 £16.50

Most popular rose has flavours of sweet strawberry & melon in a rich to medium style body

PINOT GRIGIO BLUSH £5.95 £17.50

Perfect for summer drinking, flavours of creamy raspberry & subtle mint combined with a dry finish

#### **SPARKLING WINE**

**PROSECCO** £23.50

This popular Italian sparkler is fresh & light with flavours of ripe apples & pears

## **CHAMPAGNE**

MAGNERS CIDER

HELENE BOURMAULT	£35.00
LAURENT PERRIER BRUT NV	£45.00
MOET ET CHANDON- BRUT IMPERIAL	£55.00

#### **BOTTLED BEERS & CIDER**

EFES SMALL (TURKISH BEER)	£3.60
EFES LARGE TURKISH BEER (DRAUGHT)	£4.70
PERONI	£3.50
CORONA	£3.50

#### **NON ALCOHOLIC BEERS**

**BECKS BOTTLE** £3.70

#### **PINOTAGE**

**MALBEC** 

dark chocolate & spices

**COTES DU RHONE** 

Vivid ruby red in colours. Delicious rounded raspberry & ripe fruit nose

A deliciously smooth soft elegant wine

**MERLOT** £18.00

Silky smooth juicy plums & red currants flavours in a medium bodied style

#### £19.00 **RIOJA TINTO**

Medium bodied, silky smooth with smoked flavours of raspberries & vanilla from this award winning winery

PINOT NOIR £22.50

Medium bodied with salt cherry plum & red currant

#### RED WINES FROM TURKEY

### 250ml Bottle

ANGORA Kavaklidere Mugla region £5.75 £16.50

Well balanced with blackcurrant & touch of spice flavours, Cabernet Sauvignon & Carignan grapes

YAKUT East Region, Elazig £5.75 £16.50

Blend of Okuzgozu & Bogazkere grapes, rich & spicy with a long finish

## **DRAUGHT BEERS**

PERONI PINT	£4.50
PERONI ½ PINT	£2.50
BECKS PINT	£3.80
BECKS ½ PINT	£2.30

#### **SOFT DRINKS**

£4.50

(330 ml)	£2.20

COKE - DIETCOKE - LEMONADE - TONIC WATER **SODA WATER – J20 – APPLETIZER – ORANGE JUICES** APPLE JUICE - CRANBERRY

STILL OR SPARKLING WATER SMALL £2.50 STILL OR SPARKLING WATER LARGE £4.50 baked & topped with light syrup

#### KADAYIF (N)

A popular Turkish sweet made of shredded pastry filled with ground pistachio nuts oven baked & topped with light sweet syrup

£17.50

£17.50

£17.50

Baked round dough pastry balls soaked with light sweet syrup & served with cream

**PROFITEROLES CHOCOLATE FUDGE CAKE** CHEESE CAKE

#### **ICE CREAM**

£3.95 ICE CREAM

Choice of vanilla, chocolate or strawberry flavour

# www.istanbulgrills.co.uk

All our meats & meals are Halal

Take out service is available

(N) Denotes dishes which contain nuts or traces of nuts.

(V) Denotes dishes which are vegetarian.

(S) Denotes dishes which are Hot & Spicy

Due to the presence of nuts in our restaurants, there is a small possibility that nut traces may be found in any of our items.



