

"Welcome to the Spice Lounge"

A purpose built restaurant with design and comfort in mind. Experience another world where you will always be assured of a warm welcome.

Our menu, designed by executive Chef Harun takes you on a journey across the different regions of the Indian subcontinent, representing a superb combination of vibrant dishes from Northern India, Southern India and Goa.

Spice Lounge - a unique, sophisticated dining experience ... fine dining to another level."











Appetisers

Plain Papadom	V	£0.70
Spicy Papadom	V	£0.70
Chutney Tray	V	£2.00
Mango Chutney, (Onion Chutney, Mint Sauce & Spicy Hot Sauce	e

Starters

MIXED STARTER	£4.95
Chicken tikka, sheek kebab and onion bhajee.	
ONION BHAJEE V	£3 50
Lightly spiced onions mixed with gram flour and deep fried.	10.00

MACHLI BIRAAN £3.95 Fish fillets marinated and slightly spiced, shallow fried over a slow flame, served with salad.

LAMB TIKKA£4.95 Succulent pieces of tender lamb marinated with herbs and spices,

barbecued in a tandoori clay oven.

 TANDOORI CHICKEN
 £4.50

 On the bone chicken quarter marinated with herbs and spices and barbecued in a tandoori clay oven.

SAMOSA (Meat or Vegetable V)£3.75 Meat or vegetable fillings wrapped in a crispy triangular pastry and deep fried.

SHEEK KEBAB£4.25 Lean minced lamb spiced and cooked over a flame in a tandoori clay oven.

KING PRAWN BUTTERFLY£5.50 Skinless king prawns with a slight hint of spice covered in bread crumbs and deep fried.

CHICKEN PEPPER£4.25 Very small pieces of chicken tikka cooked with onions, spices and chat masalla served on a half barbecued pepper.

Finely sliced chicken tikka cooked with onions, spices and chat massalla served on a puri bread. ALOO TIKKA V......£3.50 Potato patties spiced and mixed with gram flour and shallow fried. TANDOORI LAMB CHOPS£4.75 Marinated prime tender lamb chops with herbs and spices cooked in a tandoori clay oven. KING PRAWN PURI£5.75 Stir fried tiger prawns cooked in a rich medium sauce served on a puri Bread. POTATO & CHANA PURI V£3.75 Small chunks of potatoes and chickpeas in a medium sauce served on a puri bread. Garlic fried in ghee with onions, spices and king prawns added in a sweet & sour sauce. Prawns on a bed of lettuce served with a rich sea food sauce. SHAHI CHICKEN PAKORA £4.50 Juicy chicken pieces coated in herbs and spices mixed with cheese and nuts, deep fried in a crispy batter sauce. CHICKEN PAKORA£4.25 Fritters of chicken tikka lightly spiced and deep fried in a crispy batter.

 SABZI MIRCHI V
 £4.50

 Stuffed peppers with spiced mixed vegetables.

PANEER TIKKA V.....£3.95 Indian cheese marinated in a tandoori sauce, skewered and cooked in a tandoori clay oven.

 TANDOORI KING PRAWNS
 £5.95

 Tiger prawns marinated in herbs and spices cooked in a tandoori clay oven.

VEGETABLE PLATTER V......£4.95 Onion bhajee, vegetable somosa, aloo tikka and paneer tikka.

Spice Loung Restaurant Signature Dishes

KING PRAWN GALOUTI (Hot) £15.50 Tiger prawns cooked with roasted garlic, paprika, peppers, black bean sauce and an exotic mix of spices giving a distinctive taste.

NEPALESE - CHICKEN OR LAMB (Very Hot) £12.50 This dish is cooked using fresh green chillies, garlic, ginger, red onions and Nepalese chilli sauce. Fresh lemon juice, leaves a sharp taste in your mouth. A very tasty hot and spicy dish.

MURGH-E-AKHBARI (Medium)£10.50 A full chicken breast marinated in specially selected spices and cooked in the tandoori clay oven. It is then transferred to a pan where it is further cooked with lean minced lamb, onions, gram massalla and garnished with slices of egg.

SUBZ SAAG GOST (Medium). £10.50 Succulent pieces of lamb cooked with seasoned vegetables, dall and spinach. This dish consists of cumin seeds, cloves, tumeric, garlic, ginger and red onions.

AFGANI - CHICKEN OR LAMB (Slightly Hot) £12.50 A slightly hot dish consisting of onions, green peppers, red peppers, garlic, chilli sauce, tobasco sauce and soya sauce. The combination of spices and sauces gives this dish a unique taste.

DHAKA CHICKEN (Fairly Hot)..... £11.50 Pieces of chicken tikka with massalla spice mix, bell peppers and onions, cooked to perfection in our Tandoor.

MEZHBANI GOSHT (Hot).....£12.50 Diced lamb cooked with onions, garlic, ginger, fresh chilles, and selected spices and herbs. A touch of naga chilli gives this dish outstanding fragrance.

LAMB ALOO GOBI (Medium).....£11.95 Tender pieces of lamb cooked with fresh herbs and spices. This dish uses a delicate mix of spices with potatoe and coliflower for a unique taste

BINDI GOSHT (Medium).....£11.50 A medium strength dish cooked with onions, aromatic spices and okra producing a very satisfying dish.

RAAN-E-KHYBER - LAMB SHANK (Medium)£13.50 This dish is cooked, based on a century old recipe. Slow cooking ensures that the meat from this lamb shank melts in the mouth. A highly recommended dish.

MACHLI KA MASSALLA (Mild).....£10.95 Chunky fillets of 'bual' (bangladeshi fish) marinated in yogurt and special mild sauce before cooking with onions, bell peppers and aromatic spices giving this dish a delightful aroma.

SALMON BIRAAN (Strength to suit)£13.95 Fresh Scottish salmon fillets delicately spiced and marinated in a special sauce. It is shallow fried with onions, finely sliced peppers and carrots. Garnished with a slice of lemon and served with a medium curry sauce and special fried rice.

SPICE LOUNGE THAWA (Medium).....£14.50 Chicken tikka, lamb tikka, lamb chops and king prawn cooked in a tasty medium sauce consisting of onions, bell peppers, cumin, coriander and aromatic spices. Served on a thawa.

CHICKEN CHEESE KOFTA (Medium) £10.50 Chicken tikka cooked with minced lamb meatballs in an original style bhuna sauce, with grated cheese added for a unique taste.

SHASHLIK SPECIAL THAWA (Medium) £12.50 Pieces of chicken tikka with massalla spice mix, bell peppers and onions, cooked to perfection in our Tandoor. Served on a thawa in Special Sauce.

LAMB CHOPS THAWA (Medium) £12.50 Wholesome fresh lamb chops in massalla spice and cooked in tandoor. It is then cooked in Chefs special sauce and served on a thawa

SYLHETY KING PRAWN (Medium) £14.95 On the shell King prawns with spinach and potatoes, cooked in an exotic mix of spices and fresh herbs.

SPECIAL SPICE (Strength to suit) £11.95 A medium strength (chicken or lamb) dish cooked with onions, special five spice, diced bell peppers, potatoe and boiled egg in a chefs unique style sauce.

Sizzler Tandoori Specialities

Traditional and oriental method of barbecuing in an Indian clay oven. Grilling and barbecue cookery has been at the centre of India's favourite recipes for centuries. All the meats are individually marinated in a special tikka or tandoori sauce consisting of Indian spices, herbs and yogurt. Each dish is barbecued fresh on skewers inside the tandoori oven to produce the delicious taste that defies description. Cooked to perfection in our tandoori, we then transfer your ingredients to a sizzling-hot cast iron platter and served silver-style to your plate. Sizzlers always create a stir when they are brought to your table!

These dishes are served with a curry suace and salad. Any other sauce is £1.50 extra

LAMB TIKKA	
TANDOORI KING PRAWNS	.95
TANDOORI MIXED GRILL £12. (Consists of Chicken Tikka, Lamb Tikka, Sheek Kebab, King Prawn & Tandoori Chicken)	95
TANDOORI LAMB CHOPS	95
SALMON TIKKA£10.	95

TANDOORI CHICKEN	£9.95
CHICKEN TIKKA	£9.95
CHICKEN TIKKA SHASHLIK	£10.95
LAMB TIKKA SHASHLIK	£10.95
LAMB CHOP SHASHLIK	£11.95

The above Shashlik dishes are prepared as for tandoori dishes but with added green peppers, red peppers, tomatoes and onions on the skewer.

Spice Lounge BAR & RESTAURANT Seafood Specialities

.....£15.95

INDIAN KING PRAWN DELIGHT (Strength to Suite)

Selected king prawns marinated in delicate tandoori spices and barbecued in the tandoori oven until half cooked. It is then transferred to a pan and cooked to perfection by our chef using various spices dependent on the strength of your choice. Served with coconut rice and special salad.

SALMON ANARKALI (Medium).....£12.95

Salmon fillets cooked with spring onion, bell peppers, red onions and an exotic mix of spices to produce a very satisfying dish, garnished with cherry tomatoes, coriander and cress.

BUAL BIRAAN (Mild).....£9.95 Bangladeshi Bual fish fillets marinated in a lightly spiced sauce and shallow fried with onions, green peppers and garnished with coriander and roasted coriander seeds served with a separate curry sauce of your choice.

SAMUNDAR KA MACHLI (Strength to Suite)..... £10.50 Chunky fish fillets cooked with cinnamon, onions, garlic, plenty of fresh coriander and tomatoes with spice to suite your taste.

MIXED SEAFOOD SPECIAL£16.95 An outstanding dish prepared by our chef with a mixture of tiger prawns, king prawns, salmon fillets, bangladeshi bual fillets and pangasieus fillets cooked in a unique blend of spices and garnished with lemon zest and lime. Served with Spice Lounge fried rice.

KING PRAWN AKHBARI (Medium).....£14.95 King prawns cooked with minced lamb, onions, gram massalla in a rich medium sauce, garnished with slices of egg.

Please Note: Fish dishes may contain fish bones.

Mild on Spice

At Spice Lounge we are aware that not everyone enjoys spicy Indian food. Diners who prefer mild, creamy and more familiar flavours can choose the following dishes to suit their individual taste as they are very mild.

Tender strips of chicken tikka prepared in a butter sauce consisting of cream, tomatoes, pure ghee and delicate mild spices.

KURMA - CHICKEN, LAMB OR PRAWN......£8.50/8.95/8.50 A mild delicate sauce with cream, almonds and coconut.

Chicken tikka and spinach cooked in a tomato sauce with its flavour enhanced by butter and methi leaves.

TIKKA MASSALLA - CHICKEN OR LAMB.....£8.95/9.95 Tender pieces of kebabs in a blend of tomatoes, butter, cream, ground almonds cooked in a mild flavoured sauce with fresh herbs and spices.

TIKKA MASSALLA - KING PRAWNS£12.95 Tender pieces of kebabs in a blend of tomatoes, butter, cream, ground almonds cooked in a mild flavoured sauce with fresh herbs and spices.

TIKKA PASSANDA - CHICKEN OR LAMB......£9.50/9.95 A north Indian classic dish, lamb or chicken marinated in a special ingredients and cooked in a subtle mild creamy sauce.

KASHMIR CHICKEN £9.50 Chicken in a mild sauce cooked with banana and peaches and also exotic spices giving a sweet tasting surprise.

MALAI WALI MURGHI£9.50 Chicken kebabs cooked in a spectacular mild buttery sauce.

MALAY KHASHA £9.95 Chicken cooked in an almond based sauce consisting of ground almond cream, mango pulp and selected mild spices.



NORTH INDIAN GARLIC CHICKEN (Fairly Hot)......£9.95 A spicy hot dish of chicken, chopped garlic, fresh chillies, chopped green pepper and peeled tomatoes.

KATMANDU CHICKEN (Slightly Hot)£9.95 Special chicken tikka cooked with whole spring onions, cinnamon, coriander, lentils, fresh herbs and spices giving a spicy medium to hot taste.

KABULI CHICKEN (Fairly Hot)£9.95 Cooked with chick peas, a fairly hot dish garnished with coriander.

MURGH MANCHOORI (Hot) £9.95 Diced chicken tikka cooked with fresh green chillies and various spices with a touch of ginger.

METHI GOSHT/CHICKEN (Medium) £10.50/9.95 Another classic of lamb or chicken with methi (fenugreek leaves) fresh herbs and spices providing a delicious medium dish.

MURGH MASSALLAM (Mild) £10.50 Tandoori chicken cooked with exotic herbs and spices, garnished with fried onions giving a mouth watering taste.

LAMB/CHICKEN REZALLA (Medium)......£10.95/9.95 Lamb or chicken tikka cooked with minced meat, medium spices and garnished with fried onions.

SAAG GOSHT/CHICKEN (Medium)..... £10.50/9.95 Tender pieces of lamb or chicken with fresh spinach, herbs and spices.

GREEN HERB CHICKEN (Medium)£9.50 A medium spicy dish of chicken with methi leaves, coriander, spring onions and tomatoes.

CHICKEN CHILLI MASSALLA (Fairly Hot)..... £9.95 Chicken stir fried with onions, tomatoes and chillies giving a hot flavour.

NAGA CHICKEN/LAMB (Hot).....£9.95/10.50 This dish is made using the worlds hottest chilli. Consisting of onions, peppers, chillies and ground spices. The fragrance of the dish is outstanding.

JAL BHUNA (Hot) A hot moist classic curry to make your mouth dance. Chicken £9.95 Lamb ... £10.95 King Prawn ... £13.95

Favourite Curries

MADRAS

A very popular dish derived from the southern part of India, prepared with garlic, chilli and lemon sauce.

VINDALOO Similar cooking as madras with extensive use of chilli. Extra hot.

PATHIA

A very tasty sweet, sour & hot dish with garlic, onions and a variety of fresh herbs, garnished with a slice of lemon.

SAMBER

Spicy dish based upon the use of lentils with fresh lemon giving a hot & sour taste.

JALFREZI

A dish made with onions, green chillies, capsicums, tomatoes, herbs and spices.

Lamb tikka	£9.50
King Prawn	£12.95
Mixed Vegetable	£7.50
Mushroom	£6.95

DANSAK

A sweet and sour curry with pineapple.

DUPIAZA

Medium strength dish of cubed onions and spices, producing a very distinctive taste.

ROGAN JOSH

A wonderful rich red dish with tomato, garlic, onions, fennel, mustard seeds and other herbs and spices.

BHUNA

Traditional medium dish cooked with onions, herbs, tomatoes and a variety of spices.

KORAI

Cooked with capsicums, onions, tomatoes and consisting of lots of herbs and spices.

The prices for all the favourite dishes are as follows:

Chicken	£8.50
Lamb	£8.95
Prawn	£8.50
Chicken tikka	£8.95

Spice Lounge BAR & RESTAURANT

Balti Dishes

We recommend you taste our exotic and delicious balti cuisine which has been created with a collection of special balti spices and herbs distinctively blended in the traditional ways of the respected areas of Bengal.

Special Chicken Tikka Balti	£9.50
Special Mixed Balti	£9.95
Chicken	£8.50
Lamb	£8.95

Prawn	£8.50
King Prawn	£13.50
Mixed Vegetable	£7.95
Mushroom	£6.95

The following dishes are available with chicken, lamb or prawn.Balti Jalfrezi£9.50Balti Dupiaza£9.50Balti Rogan Josh£9.50

Balti Korai£9	9.50
Balti Bhuna£	9.50
Balti Vindaloo£S	9.50

Biryani Dishes

Wonderful celebration dishes with basmati rice cooked in ghee (clarified butter) with a delicate blend of herbs and spices, served with an omelette and mixed vegetable curry.

Special Chicken Tikka Biryani	. £9.95
Special Mixed Biryani	.£10.50
Chicken	.£9.50
Lamb	.£10.50

Prawn	£9.50
King Prawn	£13.95
Mixed Vegetable	£8.50
Mushroom	£7.95

Side Dishes and Sundries

The following side dishes and sundries make a great accompaniment and compliments our main courses. The breads are freshly made moments before they arrive to your table.

SIDE DISHES

Saag Paneer	£3.95
Aloo Chana	£3.95
Aloo Baingan	£3.95
Baingan Bhajee	£3.95
Vegetable Bhaji	£3.95
Mushroom Bhaji	£3.95
Cauliflower Bhaji	£3.95
Bindi Bhaji (okra)	£3.95
Saag Bhaji (spinach)	£3.95
Bombay Potato	£3.95
Aloo Gobi	£3.95
(Potato & Cauliflower)	and the
Tarka Dhal	£3.95
Chana Masal	£3.95
Saag Aloo	£3.95
Aloo Methi	£3.95
Any Curry Sauce	£3.95
Cucumber Raita	£3.95

RICE

Pilau Rice	£2.60	
Boiled Rice	£2.40	
Mushroom Pilau Rice	£2.95	
Keema Pilau Rice	£2.95	
Piaza Rice	£2.95	
Vegetable Pilau Rice	£2.95	
Egg Fried Rice	£2.95	
Lemon Rice	£2.95	
Coconut Rice	£2.95	
Special Fried Rice	£3.25	
(Egg & Peas)		
Spice Lounge Fried Rice	£3.50	
(Red Onions, Red Peppers, Tomatoes & Egg)		

Served with chips and salad.

We understand that not everyone wants Indianfood therefore the following dishes provide an alternative to our usual Indian food.

BREADS

Nan	£2.50
Peshwari Nan	£2.95
Garlic Nan	£2.95
Garlic & Chilli Nan	£2.95
Keema Nan	£2.95
Paratha	£2.50
Chapati	£1.50
Buttered Chapati	£1.75
Puri	£0.95
Chips	£1.95
Fresh Green Salad	£1.95

£6.75
£6.75
£6.75
£6.95
£7.50